



Knead To Be Fit, Inc.

Massage Therapy

We offer several different services to include Swedish, Deep tissue*, Pregnancy, Medical massage, Reflexology, and Aromatherapy*. We offer competitive rates for self pay massage and we also accept most insurances, based on approval by individual insurance carrier.

We are located at:

3206 S. Conway Road, Suite 5

Orlando, Florida 32812

Joanna Quitos, LMT MA#39476

Phone: (321) 251-7877

Fax: (321) 206-8212

Our Rates

Full Body Massage: 1/2 Hour—\$ 45.00 (any type)

1 Hour—\$ 65.00*

(*An additional \$10.00 added for deep tissue massage)

Reflexology Treatment: 1/2 Hour—\$ 45.00

Aromatherapy: An additional \$5.00 will be added to the above set prices for use of aromatherapy oils with massage.

Packages: 3- 1/2 Hour Massages: \$115.00 (Save \$20.00)

3- 1 Hour Massages: \$175.00 (Save \$20.00)

* (Prices subject to change without notice.)